



The

# Kidz Lounge

Related Services, LLC


[www.confidentkidzny.com](http://www.confidentkidzny.com)

158-01 Crossbay Blvd  
Howard Beach NY 11414

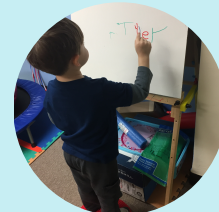
(718) 848-0875

[kidzlounge.net](http://kidzlounge.net)
[thekidzloungenyny@gmail.com](mailto:thekidzloungenyny@gmail.com)
[www.languageloungenyny.com](http://www.languageloungenyny.com)


**Physical  
Therapy**



**Speech  
Therapy**



**Occupational  
Therapy**

## Empowerment Workshop For Teen/Tween Girls

We are excited to be one of the 3 locations to offer this wonderful experience.

*An empowered girl is successful, not only in the classroom, but in all areas of her life.*

Thursday  
Twins 4:30-5:30  
Teens 6:00-7:00

To register and for more info visit  
[lessonsformydaughters.com](http://lessonsformydaughters.com)

## EXCITING NEWS!!

### Something for the Momma's

March 1- Introduction to Essential Oils!!!

March 22- Ladies night out shopping from your local vendors.

More info inside

# Kidz Classes

register today: [thekidzloungeny@gmail.com](mailto:thekidzloungeny@gmail.com)

## We have something for everyone!



**YOGA** teaches self acceptance, encourages focus, calming techniques and self awareness

Mommy & Me- Saturday 9:30-10:30 AM

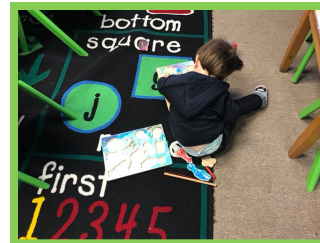
Kidz Yoga- Saturday 10:30-11:30 AM, ages 4-6  
11:30-12:30 AM, ages 6+

Yoga with a special touch- special needs  
Sunday 10:30 - 11:30 AM



Friday 9:30-10:30

Mommy and Me playgroup



**Run, jump, climb....**

Does your child like to run, jump and climb? Or need more practice with these skills?

**The Kidz Lounge**  
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(718) 848-0875  
[Thekidzloungeny@gmail.com](mailto:Thekidzloungeny@gmail.com)

**Sensorimotor Class**  
Thursdays 4:00-4:45  
Starting March 8th  
\$ 170 (\$15 registration fee) For 6 sessions

Does your child like to get messy? Or seem to avoid messy projects?

Email for availability.....  
[thekidzloungeny@gmail.com](mailto:thekidzloungeny@gmail.com)

## Free Gross Motor screens

We are now offering free physical therapy screenings to assess the gross motor skills of children ages 3 months to 4 years old. The Peabody Development Motor Scales 2nd addition will be used to look at the various age appropriate skills.

## Community Service Volunteers Needed!!

Scouts, school, honor society.....  
Must be good with children and self motivated.

## Weekend Therapy

We have a few spots available for occupational therapy on Saturday afternoon.

## Paint Class

Let your budding artists show their creativity

Mondays 4:00-4:50 PM, ages 3-4  
5:00-5:50 PM, ages 4-8





## Something for the Momma's

This Thursday, March 1 at 7 PM we will be hosting an **Intro to essential oils** class, presented by a teacher of children with special needs. **Did you know that specific oils can aide in the treatment of sensory processing disorder, ADHD, asthma, gastric and sleep disorders, and stress relief.** Ditch and switch is a common term used to encourage removing toxins and chemicals from your home that can be adding to issues found in kids. **Please stop by and bring a friend. RSVP: [thekidzloungeny@gmail.com](mailto:thekidzloungeny@gmail.com)**

### Celebrating a local author



Get your copy  
today at  
[amazon.com](https://www.amazon.com)



T A Tomeo was born in Brooklyn, New York although lived most of her life in the small, Queens, New York neighborhood of Hamilton Beach. It is here where she spends most of her time writing, and watching her grandchildren experience life. Her concern for the growing number of children with communication and sensory deficits was the inspiration behind the creation of Benny Blue Eyes and this story book. The book encourages children to communicate and explore their senses to solve problems. The Benny Blue Eyes doll was designed to introduce the use of their senses as well.

### INTRO TO ESSENTIAL OILS

*Ditch the Chemicals, Switch to Nature*



## THURSDAY, MARCH 1ST AT 7PM

### LEARN HOW TO CREATE A HEALTHY LIFESTYLE USING YOUNG LIVING ESSENTIAL OILS

**Come experience the most popular essential oils  
and learn about there many uses!**

**Location: The Kidz Lounge  
158-01 Crossbay Blvd., Howard Beach**

**RSVP: 718-848-0875 or  
[thekidzloungeny@gmail.com](mailto:thekidzloungeny@gmail.com)**

March 22

### Ladies night out shopping

#### Local Vendors

- Tracie's Boutique
- Lularoe - Melissa Vallyely
- Scentsy - Tricia Gotti
- DeLIZciously Sweet
- The Crafty Colorist by Rachel
- MaryKay by Jaime

**Do you sell a product and would like to be a vendor.  
Contact us today: [thekidzloungeny@gmail.com](mailto:thekidzloungeny@gmail.com)**



**Coming soon!!**

Music together

Fitness class for all abilities

Contact us for more info

[thekidzloungeny@gmail.com](mailto:thekidzloungeny@gmail.com)

See our next issue with milestones to expect at each age

# Meet the Owners



**Heather Hurley- Cook, PT** received her Master's of Physical Therapy degree from Neumann College. Heather Hurley-Cook has been a physical therapist since 2002 and has been working exclusively with children since 2004. She treats a wide variety of diagnoses including autism, development delay, cerebral palsy, genetic conditions, neurological

impairments and torticollis. Heather has worked in various settings including hospitals, schools and outpatient centers. She is also a certified childlight yoga instructor and has training in yoga with special needs.

Heather also enjoys coaching soccer in her home town, skiing, watching her boys play sports, and vacationing with her family.



Hurley-Cook,PT founded Confident Kidz to address the community's needs in providing structured and skilled therapy in a fun and relaxed atmosphere. Some kids do not meet the criteria required to receive therapy and some children require a little bit more than what is offered. Heather founded Confident Kidz to bridge that gap. Confident Kidz' small group setting gives the ability to tailor the movement class to reach each individual child. Each child should be given the opportunity to move, explore and engage in his or her surroundings with little to no limitations. Confident Kidz' programs works to overcome those obstacles while still maintaining the playfulness that kids enjoy.

Physical Therapists - treat children from birth to adolescent who have conditions that limit their physical abilities. They focus on core stability and lower extremity function to address gross motor skills. They work to assist them in maximizing their ability to negotiate their environment as safe and independent as possible



**Frangelica Leo, SLP** holds a Master of Science degree in Communication Sciences and Disorders from Adelphi University. Frangelica Leo has received a Certificate of Clinical Competency (CCC) from the American Speech - Language - Hearing Association (ASHA) and is certified as a teacher of children

with speech and language disabilities (TSSLD). Frangelica is PROMPT trained and trained in The Kaufman Speech to Language Protocol. She has clinical experience with Autism Spectrum Disorders, articulation and phonology disorders, language delays, augmentative communication technologies, Childhood Apraxia of Speech, and feeding and swallowing disorders.

Frangelica enjoys being a Beachbody coach, working out and she loves to cook healthy dishes. She lives for her morning cup of coffee and enjoys crazy days with her husband and 3 children under 6.



Frangelica Leo, SLP founded The Language Lounge to be a beacon of hope for children with communication and feeding challenges. The Language Lounge emphasizes ability over disability. Just as each child is unique, so are their therapeutic approach. A holistic philosophy is practiced to provide the highest standard of services for the families they are dedicated to serving. The Language Lounge strives to provide a nurturing, family and child centered therapeutic environment that is sensitive to the needs of each individual.

Speech Language Pathologists - treat children from birth to adolescence. They assist children with articulation (speech), language (expressive and comprehension), oral motor and feeding difficulties, as well as phonemic awareness (literacy/pre-literacy skills).

**In 2015 The Language Lounge meets Confident Kidz and they join together to offer all services in one place.**